

Signs of Children Exposed to Domestic Violence

Preschool children respond to violence with changes in how they think and grow. Without intervention, these difficulties can last a lifetime.

Here are some possible signs or symptoms:

Behavioral

- Aggression
- Tantrums
- Behavior problems
- Yelling
- Irritability
- Trouble sleeping
- Frequent bed wetting
- Repetitive play with violent themes



Emotional

- Withdrawn or detached
- Fear or anxiety
- Sadness
- Feeling unsafe
- Separation anxiety
- Trouble Eating
- Regression

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Cognitive

- Difficulty trusting others
- Bad dreams
- Efforts to avoid thoughts, feelings, or conversations associated with the issue
- Difficulty concentrating
- Lower verbal skills

Social

- Trouble interacting with/getting along with peers
- Isolating themselves from others



Research shows children's development and brain are negatively impacted by violence even if they are too young to talk about it.

Not sure where to go & who to call? Call the Alliance office for information and referrals at (828) 452-2122 or check out our website www.30thalliance.org to download brochures and learn about our services and who we work with.

Para información en Español llame al 1-877-355-5510

